Early Detection Saves Lives

- 99 percent of women diagnosed with breast cancer at stage 0 and 1 will survive and thrive.
- 85 percent of women with stage 2 and 3 breast cancer are just as likely as someone without breast cancer to live five more years.
- More than 80 percent of people diagnosed with breast cancer live for 10 years or longer.
- Regular mammograms reduce the rate of breast cancer death by up to 23 percent in women ages 40-49.

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For more information or to track the location of the mobile mammography van, please visit **MountSinai.org/MobileMammography**

Call for an appointment:

844-EZMAMMO (844-396-2666)

Email us at:

MobileMammo@mountsinai.org

Follow us on:

Twitter: **@NYCMobileMammo**

Instagram: **@NYCMobileMammo**

Mount Sinai Mobile Mammography Program



Early detection saves lives

Mount Sinai

Eligibility Requirements

You can get a mammogram on the van if you:

- **Are a woman age 40 and older**
- **Have not had a mammogram in the past year**
- **Do not have any breast problems**

Screening Mammography Cost

Most insurance companies pay for the entire cost of the screening mammogram (with no out-of-pocket cost such as deductibles, co-pays, or co-insurance) but some do not pay the entire bill. Please contact your insurance company to find out what is covered. If cost is an issue, **please reach out to our Financial Counselors. Go to MSHS.MAPSNG.COM in your web browser or go to https://www.mountsinai.org/about/financial-assistance**

Breast Cancer Facts

- One in eight women will be diagnosed with breast cancer.
- One in six breast cancers occur in women aged 40-49.
- Being a woman and getting older are the most important risk factors for breast cancer, regardless of family history.
- Most women who get breast cancer do not have a family history.

Screening Events

To locate the mammography unit in your neighborhood, please see our calendar at

MountSinai.org/MobileMammography

Tomosynthesis: Superior Detection

We use tomosynthesis (3D mammography). A computer produces images of your breast tissue in very thin, one-millimeter layers. Obtaining more accurate, clearer images improves cancer detection.

To locate the mammography unit in your neighborhood, please see our calendar at: **MountSinai.org/MobileMammography**



Making Your Appointment

You can make an appointment by calling **844-EZMAMMO** (844-396-2666) or come to the van without an appointment. You may need to wait, and it will take longer, but we can almost always welcome you.

On the Day of Your Appointment

- Do not use deodorant, lotions, powder, or perfume.
- Think about your family medical history and your breast history. We will ask you questions about these subjects.
- Bring images and reports from prior mammograms.
- Bring your insurance card and doctor's referral if you have one. A doctor's order is not required, but if you have a doctor, please bring the name and address so he or she can get a copy of the report.
- Bring picture ID.

After Your Mammogram

- Your mammogram will be read by one of Mount Sinai's dedicated breast imaging radiologists.
- You will get a phone call or letter with your results.
- A screening mammogram can detect both cancerous and noncancerous tumors. If something is found on your mammogram, you will need more testing. Do not be alarmed if you are told that additional testing is needed. Patients who need more testing usually do not have breast cancer. However, these follow-up tests are very important and we will keep trying to contact you to schedule the testing at a time and place convenient for you.
- Call us at **844-EZMAMMO** (844-396-2666) if you have not received your results within a month.
- Your screening images will be stored and be accessible to you for future reference at Mount Sinai Health System sites.